

# 13<sup>th</sup> - 14<sup>th</sup> April 2024

# GO-4-12 Challenge / New Zealand Secondary Schools Adventure Racing Champs

The 2024 TrackMe Adventure GO-4-12 Challenge, the Official New Zealand Secondary Schools Adventure Racing Championships is a 12-hour event and will see competitors from around New Zealand & Australia facing challenging tasks which could include Biking, Trekking, Abseiling, Kayaking, Orienteering, Archery and more.

The event is an authentic adventure race with the core disciplines consisting of mountain biking, walking/running, rope skills and navigation. The race is 12 Hours in duration and teams of three will face both physical and mental challenges while covering a picturesque course designed by experienced adventure racers. It is a point's race; teams try to collect as many points as possible in allocated 12 hours.

#### **Event details:**

- Teams of 3
- Single-gender or mixed
- Eligibility: Secondary School Students from Year 10 and over (or age equivalent to NZ Year 10).
- Students must be from the same school (students can be from different schools but will be racing as unofficial).
- Support crew required (at least 1 adult support crew)
- Awards and prizes for first in each division.
- Spot prizes

The competitors will be young people who enjoy fun and adventure and are able to mountain bike, kayak and walk for extended periods of time. At least one member of each team must be a confident navigator.

There are three categories for the NZSSARC:

- Male (must all be biological males)
- Female (must all be biological females)
- Mixed (must include at least one biological male and one biological female).

Participants who indicate on their entry form that they are 'other' will race in the mixed category.

**Event Location:** Guthrie-Smith Trust, Tutira, Hawke's Bay 3561 State Highway 2, Tutira 4181 – please contact <u>curator@guthriesmith.org.nz</u> to arrange accommodation if staying on site, this is not included in entry fees.

Times:

Saturday 13<sup>th</sup> April 2024

from 3:00 pm onwards Competitors can check into the event location - Guthrie Smith Trust.

4:00 pm – 6:00 pm Registration and Gear Check

6:00 pm Dinner

7:00 pm Race Briefing

## Sunday 14th April 2024

The race will commence at **6.00 am** and conclude at **6.00 pm** the same day. – start and finish time is subject to change.

**6:20 pm** approx. Prizegiving (this will take place near the finish line).

Reminder - race day is Sunday for the 2024 event and there is no prizegiving brunch the next day this year.

**Fees: Please see website for entry fees and additional fees** – the team entry fee includes Saturday night dinner for 3 team members and 1 support person. Extra dinners for Saturday night for additional support crew/parents etc can be ordered on the entry form.

Entries: Entries are online through the website <a href="https://go412.co.nz/">https://go412.co.nz/</a>

Rules & Regulations: please ensure you read and understand the Overall Rules and Regulations - go to "Event Info" on the website

**Accommodation:** At event location Guthrie-Smith Trust, Tutira, Hawke's Bay 3561 State Highway 2, Tutira 4181 – please contact <a href="mailto:curator@guthriesmith.org.nz">curator@guthriesmith.org.nz</a> to arrange accommodation if staying on site. – Note accommodation is not included in entry fees. There are showers and toilets.

**Meals:** There is a pre-race meal provided on Sat night at the event (this meal is part of the entry fee for the 3 team members and 1 support person), tickets/arm bands will be issued with your race pack. Extra tickets/arm bands are available for additional support crew/s and other spectators to purchase with entry. Please advise us if you have any dietary requirements for meals provided (gluten free etc). You need to be self-sufficient for all other meals, food.

# **GO-4-12 Challenge 12 Hour Compulsory Equipment**

Please read carefully

Significant time penalties will be applied for breaching any of the following requirements: Compulsory team equipment **must be carried at all times** by teams.

COMPULSORY TEAM AND PERSONAL EQUIPMENT	
First Aid Kit (please make sure this is a comprehensive kit –	1 Per Team
suggestions are listed below	
Compass (orienteering style thumb compass or a field compass	2 Per Team
with rotating dial)	
Lighter or waterproof matches	1 Per Team
Survival blanket	1 per member
Thermal (polypropylene, merino) top – long sleeves	1 per member
Thermal (polypropylene, merino) bottom – long pants	1 per member
Fleece Top (100 series weight min) long sleeves	1 per member
Fleece or woollen hat	1 Per member
Whistle	1 per member
Polypropylene or wool gloves	1 pair each
Waterproof Jacket (must be seam sealed)	1 per member
Multipurpose knife (eg Swiss army)	1 per team
Cell Phone in a zip lock bag or similar (fully charged battery)	1 per team
Headlamp and adequate batteries for whole night	1 per member
Kayaking Section– (additional equipment for activity)	
Appropriate clothing – you may get wet, also a dry bag is a good idea	
*PFD – Personal Flotation Device	1 per member
All other equipment for kayaking will be provided	
Mountain Bike (additional equipment for activity)	
Mountain Bike	1 per member
Cycle helmet (Please make sure this suitable for Mountain Biking)	1 per member
Rear red strobe lights (flashing)	1 per bike
Front Light (bike or helmet mounted)	1 per bike
Trek (additional equipment for activity)	
Suitable backpack	1 per member

<sup>\*</sup>if there are items that you can't supply for your team, please speak to the Event Director in advance so we can help you source what you need.

You should carry out the following Safety Checks on your bike.

Mountain Bike	
Cycle helmet – safe to wear and no cracks in the cover	1 per member
Headset is tight	Per bike
Brakes work	Per Bike
Wheels are safe	Per Bike
Tires are in a safe condition	Per Bike
Nothing is bent on bike	Per Bike

### Suggested First Aid

Alcohol wipes (10), Tweezers, Betadine for grazes, Crepe bandages (1x10 cm; 1x15 cm), Saline (30 ml), Triangular bandages cloth (2) (sterile), Pain relief (e.g. Paracetamol), Plastic strip dressing (10–12 bandaids), Antihistamine cream (10), Dressing strip, Non-adherent sterile dressings (3 large), Gauze dressings (6) Wound dressing (size 15, sanitary pad), Disposable CPR face shield, Sticking tape (1 roll), Safety pins, Butterfly closures (1 pouch), Needle, Scissors, Notebook, Pencil, Disposable gloves

#### What's so different about this race to others?

This is the ONLY 12-hour non-stop adventure race for teenagers in New Zealand. Imagine the excitement as you run off in complete darkness in the morning and push yourself and your teammates to go the distance. It is your chance to prove that you have got what it takes.

# Each entry must include:

• School Principal Attestation Form – The school principal must complete and sign the required document which can be downloaded from confirmation email when entering online or can be downloaded from the website. This is for all school teams entering the NZSSARC.

<u>Early Bird Entry must be received and paid for by - close midnight Thursday 29th February 2024</u> Standard Entry must be received and paid for by - close midnight Thursday 4th April 2024

We rely on the outdoor community to support this event for the youth in NZ. Come and be part of this great event. Contact us to be involved.

Teachers and parents who would like to help out during the event, please contact us.

#### For more information contact:

David & Tanya Tait Email: go412adventure@xtra.co.nz

0273 6000 86 David 027 651 6813 Tanya Postal Address: 32 Kirkwood Road Flaxmere Hastings 4120





Please note: The weekend schedule for the 2024 event is a continual work in progress, please check the website for updates.