

# 14th April 2024 3 Hour Explorer

The 3 Hour Explorer is designed to be a fun introduction to Adventure Racing and can be achieved by any kid of any fitness, the focus is on fun and will have lots of stationary challenges. It is suitable for any youth of any experience or fitness level.

### **Event details:**

- Teams of 2
- Single-gender or mixed
- Eligibility: It is open to all NZ equivalent school Years 7-10
- Designed to be a fun introduction to adventure racing with lots of different activities (no biking).
- No support crew needed during the race
- Medals for first in each division.
- Spot prizes

There are three categories:

- Male
- Female
- Mixed

Event Location: Guthrie-Smith Trust, Tutira, Hawke's Bay 3561 State Highway 2, Tutira 4181

**Optional Saturday Accommodation if required:** If you are wanting to camp at Guthrie Smith Trust – please contact <u>curator@guthriesmith.org.nz</u> to arrange accommodation.

## Times:

## Sunday 14th April 2024

9:30 am Registration and Briefing.
The race will commence at 10 am and conclude at 1pm the same day.
1.15 pm approx Prizegiving (this will take place near the finish line).

Fees: Please see website for entry fees

Entries: Entries are online through the website <a href="https://go412.co.nz/">https://go412.co.nz/</a>

**Rules & Regulations:** <u>please ensure you read and understand the Overall Rules and Regulations</u> - go to "Event Info" on the website

#### DRESS FOR THE CONDITIONS AND HAVE WARM GEAR, WATER AND FOOD AVAILABLE.

SUGGESTED CLOTHING GUIDE	
Race clothing (to be active) – avoid cotton.	
Thermal (polypropylene, merino) top – long sleeves	1 per member
Thermal (polypropylene, merino) bottom – long pants	1 per member
Fleece Top (100 series weight min) long sleeves	1 per member
Fleece or woollen hat	1 Per member
Polypropylene or wool gloves	1 pair each
Waterproof Jacket	1 per member
Cell Phone in a zip lock bag or similar (fully charged battery)	1 per team
Sturdy Shoes	1 pair each

#### What is our vision?

We want to challenge and to grow young people through a quality adventure race, that will inspire trust, teamwork and self-belief in an environment that embodies and promotes holistic growth and healthy competition. The twelve-hour event is designed to challenge competitor's perseverance, teamwork and to stretch them both mentally and physically.

The 3 Hour Explorer is designed to be a fun introduction to Adventure Racing and can be achieved by any kid of any fitness, the Focus is on fun will have lots of stationary challenges. The 6 Hour Adventure event is more physically demanding than the 3 hour and provides a bridge into the 12 Hour Event and was developed as it was identified that the 12 hour was a bit daunting for some students.

### Early Bird Entry must be received and paid for by - close midnight Thursday 29th February 2024 Standard Entry must be received and paid for by - close midnight Thursday 4th April 2024

We rely on the outdoor community to support this event for the youth in NZ. Come and be part of this great event. Contact us to be involved.

#### For more information contact:

David & Tanya Tait Email: go412adventure@xtra.co.nz

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*Please note: The weekend schedule for the 2024 event is a continual work in progress, please check the website for updates.*